

FY2024 Results

<p>For All Employees</p>	<p>Dietary Habits Improvement Seminar : 2,140 participants</p> <p>Stomach and Colorectal Cancer Prevention Seminar : 148 participants</p> <p>Women’s Health Issues: 1,655 participants</p> <p>Fall Prevention Seminar: 88 participants</p> <hr/> <p>List of Available E-Learning Courses</p> <p>Hay Fever, Oral and Dental Health, and Infectious Diseases</p>
<p>For Managers</p>	<p>Newly Promoted Managers</p> <p>Mental Health and Subordinate Health Management : 18 participants</p> <p>Newly Promoted Senior Staff (Principal Level)</p> <p>Employee Health Maintenance and Promotion: 9 participants</p> <p>Women-Specific Health Seminar / Mental Health Seminar : 214 participants</p>
<p>For Female Employees</p>	<p>Women-Specific Health Issues: 89 participants</p>

FY2025 Results

<p>For All Employees</p>	<p>Smoking Cessation Seminar: 68 participants</p> <p>Dietary Habits Improvement Seminar : 1,264 participants (as of September 2025)</p> <p>Lung Cancer Prevention Seminar: Data currently being compiled</p> <p>Women’s Health-Related Issues : 971 participants (as of September 2025)</p> <p>Hay Fever: 79 participants</p> <p>Dental and Oral Health: 203 cumulative participants</p>
<p>For Managers</p>	<p>Newly Promoted Managers</p> <p>Mental Health and Subordinate Health Management : Data currently being compiled</p>

Reference

Events and Employee Status	Walking Event: 1,477 participants (conducted in FY2024) Vege Check Measurement Event : 1,287 participants (conducted in FY2024) Smoking Cessation Promotion Initiatives : Data currently being compiled Satisfaction Level with Health and Productivity Management Initiatives: 80.9% ※Based on responses selecting “Very satisfied,” “Somewhat satisfied,” or “Neutral” from five available options. Health Literacy Score Average Score: 3.35 out of 5.0
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※Based on FY2024 results. Seminar data covers the period from 2024 through September 2025.